

# Mental Health Small Grant Scheme 2021

## Scoring Recommendations

Recommended for funding					
Not recommended for funding. Did not meet funding threshold					
Rank	Applicant	Funding Request £s	Summary of project	Officer mean scores %	Recommended funding allocation in £s based on score %.
1	SNAP (Special Need and Parents)	1700	To pay towards a music tutor for a face to face SNAP choir, starting in September.	92.7	1576
2	Doddinghurst Wellbeing Hub	1759.9	To run a one-week morning holiday club in the village to support the community post-covid, building resilience and wellbeing in a variety of groups. This will combat loneliness, connecting residents of all ages and signpost to appropriate support where needed. The funding would pay towards wellbeing based activities and toolkits, venue hire, materials and DBS checks. The project provides leadership opportunities for teens and opportunities to socially reconnect.	90.7	1596
3	Dance Network Association	4000	To fund dance and social sessions in a 30-week programme for older adults who have been shielding and those most affected by COVID-19. Referrals will come from sheltered housing and those socially prescribed to increase wellbeing by tackling social isolation and increasing physical strength to prevent further deterioration and falls.	88.7	3548
4	Bell Mead Community Garden	3500	To create community garden with and for residents to provide a peaceful space for engagement with each other and the environment. It is also anticipated that the garden can become an educational space for schools and youth groups and it will form part of a wider project to recognise Ingatestone as a Dementia Friendly Village.	84	2940
5	Chat 1st CIC	4000	To support a 12-week peer support programme at Brentwood Theatre and a 6 month peer support garden programme at Daily Bread Cafe, offering activity used for intervention and recovery from COVID-19 and peer support to address social barriers and signposting.	83.7	3348
6	Who Let the Dads Out?	4000	To support men who have become new fathers during the pandemic by providing a free cafe/play style environment so dads can connect with other dads. The project will also support fathers with children of toddler and pre-school age. Workshops will be delivered to fathers with new babies, fathers to be. The group also plans to educate mothers and mothers-to-be on the signs and symptoms of mental ill health in fathers with young children.	83	3320: (2392 - BBC/ HWB (928 - ECC CMOF)
<b>TOTAL ALLOCATION FROM BRENTWOOD BOROUGH COUNCIL AND BRENTWOOD HEALTH AND WELLBEING BOARD</b>					<b>£15,400</b>
7	Thurrock and Brentwood MIND	2940.8	To support the development of the mental health information and advice hub at the Keys in Warley, by funding some furniture and promotional materials. The hub will provide a safe space for people to meet, gain information and participate in activities to support their wellbeing.	82.7	2432
8	Butterfly Meadow for Our Grieving Hearts	1000	To develop an online presence to provide free resources and nature activities particularly for those who have been unable to access the meadow in person due to shielding or mental illness.	80	800
9	Doddinghurst Road Community Church	865	The grant would pay for some outdoor benches for MenShed, to ensure compliance with COVID-19 regulations and enable more people to access the project to address issues of loneliness.	75.3	651
10	5 On It Foundation	4000	The proposal is to run a 4 week yoga course for teenagers at 3 local secondary schools. The programme will offer a combination of exercise, mindfulness, relaxation and socialisation aimed at relieving symptoms of depression and promoting body confidence, reducing stress and anxiety. The first session will include some professional basketball players to encourage engagement.	74	2690
11	Forget Me Not Activity Club	640.73	Lockdown has isolation has caused shocking levels of decline, especially for people with dementia. Assessments of members of the club has indicated increased memory loss, lack of motivation. difficulty concentrating, speaking, understanding of speech and decline in motor skills. The grant would pay for new activity equipment to support the members to help slow the progression of dementia and reduce feelings of isolation and loneliness, lesson anxiety, fear and worry caused by extended isolation during COVID-19.	73.7	472
12	Brentwood Theatre	4000	A 4 month project at the theatre to engage older people in free singing sessions, both in person and online, together as a group and alone. The sessions will help to combat social isolation and effects of conditions such as Alzheimers and dementia. The sessions will involve exercises to strengthen the voice led by a vocal coach with expert knowledge of the 'ageing voice'. There will also be 'tea and chat' time to make social connections. The fund would pay for the vocal coach's time, venue hire and equipment to enable easy streaming over the internet.	71.6	2027
<b>TOTAL ALLOCATION FROM ESSEX COUNTY COUNCIL CONTAIN MANAGEMENT OUTBREAK FUND</b>					<b>£10,000</b>
13	HBBS Counselling	3987	To increase access to services by increasing online presence and creating accessible podcasts.		0 - Did not meet threshold
14	The PCC of All Saints and St Peter	3708	To help people to re-engage with the community by transforming the gardens of the church for the community to enjoy and get access to a health and wellbeing coach. The grant would pay for gardening equipment and a coach		0 - Did not meet threshold
15	Anglo European School	3750	To address the increased need for mental health support amongst students as a result of the pandemic and develop a safe, sanctuary space for students to talk comfortably with therapists and counsellors. The grant would pay for furnishings for this space.		0 - Did not meet threshold
<b>TOTAL REQUEST FOR FUNDING</b>		<b>43851.43</b>	<b>TOTAL ALLOCATION</b>		<b>£25,400</b>

